



What does the school counselor do?

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School counselors provide services to students, families, school staff members and the community in the following areas:

Direct Services with Students—these are in-person interactions between school counselors and students, including:

1. **School Counseling Core Curriculum**—Using curricula such as *Second Step*, *MindUp*, *The Zones of Regulation*, *Social Thinking* and *Skillstreaming*, school counselors provide **all students** in the school with regular, developmentally appropriate **classroom counseling lessons**. School counselors also provide **targeted small group lessons** focused on particular skills and issues.
2. **Individual Student Planning**—School counselors meet with students individually and in small groups to help students develop goals, plan strategies, and promote positive academic and social/emotional growth and learning.
3. **Responsive Services**—School counselors work with other school staff members to meet students' immediate needs and concerns, using individual counseling, small groups, and crisis response.

Indirect Services for Students—These activities include referrals to other school staff members and community resources, consultation and collaboration with parents, teachers, and other educators, among other responsibilities.

For more information about school counselors and the American School Counselor Association (ASCA):

www.schoolcounselor.org