

Conscientious Kids!

Attached in Principal Syre-Hager's newsletter this week is your monthly Title I *Parents Make a Difference* info letter for our school. As a Title I school, we receive these newsletters through the State of New Hampshire, Department of Education. Please look through the articles, because each month is loaded with information and resources to support your child both at home and at school. Together, we can strengthen our partnership to help your student in the best way possible!

Of special interest to me is the article on the right side of page 1, "Teach Your Child How to Be Conscientious." Conscientiousness, like one of our AES Core Values (grit), can be the key to helping students be more successful in learning. The article outlines three points: the first is to help our children learn to be careful and not to rush in their work. This helps them to stay organized, have neat writing, and be more focused on quality work. The second point is to emphasize to our children the skill of double checking work before turning it in. It is so easy in our busy world to get into the habit of finishing something and turning it in just to be "done". Going back to check one's work doesn't always come naturally, and is a very important skill that must be taught and reinforced. The third point is about sticking with that report, project, or other obligation, even when they feel tired. We don't want students getting to a point of frustration or exhaustion, but instead, we want to carefully focus on building kids' stamina. We can teach students to set a goal to finish something and do their best job before moving on to a fun or relaxing activity that can be set up for afterwards!

Thank you for all of your hard work at home, reading with your children, and for your support of our school!

*Emily Bennett
Title 1 Teacher*